

Kaizen International Black Belt Academy

Required Equipment by Level

Dragons

Belt and a full clean uniform*

Beginning Tigers

Belt, a full clean uniform*, and a UMAA patch

Advanced Tigers

Belt, a full clean uniform*, UMAA patch, head gear, foot pads, hand pads, shin guards, rib guard, and groin cup for boys. Black Belt Club members should always bring all of their weapons.

Eagles

Belt, a full clean uniform*, UMAA patch, head gear, foot pads, hand pads, shin guards, rib guard, and a groin cup for boys. Black Belt Club members should always bring all of their weapons.

Youth Level 1 (White to Advanced Orange)

- **White:** Belt, a full clean uniform*, hand pads, and shin guards.
- **Advanced White:** Belt, a full clean uniform*, hand pads, shin guards, and a *UMAA patch*.
- **Yellow:** Belt, a full clean uniform*, hand pads, shin guards, UMAA patch, and *head gear*.
- **Advanced Yellow Belt:** Belt, a full clean uniform*, hand pads, shin guards, UMAA patch, head gear, and *foot pads*.
- **Orange Belt:** Belt, a full clean uniform*, hand pads, shin guards, a UMAA patch, head gear, foot pads, and a *rib guard*.
- **Advanced Orange Belt:** Belt, a full clean uniform*, hand pads, shin guards, UMAA patch, head gear, foot pads, rib guard.

Boys should always wear a groin cup. Black Belt Club members should always bring all of their weapons.

Youth Level 2, Level 3, and Jr. Provisional Black

Belt, a full clean uniform*, head gear, foot pads, hand pads, shin guards, rib guard, groin cup for boys, UMAA patch. Be sure to bring all of your weapons to every test!

Adult Level 1 (White to Advanced Orange)

- **White:** Belt, a full clean uniform*, hand pads, and shin guards.
- **Advanced White:** Belt, a full clean uniform*, hand pads, shin guards, and a *UMAA patch*.
- **Yellow:** Belt, a full clean uniform*, hand pads, shin guards, UMAA patch, and *head gear*.
- **Advanced Yellow Belt:** Belt, a full clean uniform*, hand pads, shin guards, UMAA patch, head gear, and *foot pads*.
- **Orange Belt:** Belt, a full clean uniform*, hand pads, shin guards, a UMAA patch, head gear, foot pads, and a *rib guard*.
- **Advanced Orange Belt:** Belt, a full clean uniform*, hand pads, shin guards, UMAA patch, head gear, foot pads, rib guard.

Men should always wear a groin cup. Black Belt Club members should always bring all of their weapons.

Adult Level 2, Level 3, and Provisional

Belt, a full clean uniform*, hand pads, shin guards, UMAA patch, head gear, foot, pads, rib guard. Be sure to bring your weapons to every test.

****FULL UNIFORM REQUIRED TO TEST! No summer Gi's or T-shirts please.***

Please remove all rings, necklaces, earrings, and other pieces of jewelry before your test!

Students should always bring their karate notebooks to testing-complete with curriculum and pictures!