

APPENDIX

Examples Goals Scored Against a Short-Handed Team

- | | <u>Team A</u> | | <u>Team B</u> |
|----|--|--|---|
| 1. | A6 - 1.5 minutes at 3:00
A9 - 1.5 minutes at 3:30 | | B11 - 1.5 minutes at 3:00
Goal at 4:00 |
| | <ul style="list-style-type: none"> • At 3:00 teams play 4 on 4. • At 3:30 teams play 3 on 4. • A9 returns at 4:00. | | |
| 2. | A6 - 1.5 minutes at 3:30
A9 - 1.5 minutes at 4:00 | | B11 - 1.5 minutes at 3:00
Goal at 4:30 |
| | <ul style="list-style-type: none"> • A6 returns at 4:30. | | |
| 3. | A6 – 1.5 minutes at 3:00
A9 – 4 minutes + GM at 3:30 | | B11 – 1.5 minutes at 3:00
Goal at 4:00 |
| | <ul style="list-style-type: none"> • At 3:00 teams play 4 on 4. • At 3:30 teams play 3 on 4. • A9 is out of the game. • Team A must put a substitute player in the penalty bench to serve the 4 minutes time penalty for A9. • No player returns at 4:00 as the full Major penalty must be served. | | |
| 4. | A6 – 4 minutes + GM at 3:00
A9 – 1.5 minutes at 3:30 | | B11 – 1.5 minutes at 3:00
Goal at 4:00 |
| | <ul style="list-style-type: none"> • At 3:00 teams play 3 on 3. • A6 is out of the game. • Team A must put a substitute player in the penalty bench to serve the 4 minutes time penalty for A6. • At 3:30 teams play 3 on 3. • No player returns at 4:00 as the Major penalty is still being served. | | |
| 5. | A6 – 4 minutes + GM at 3:00
A9 – 1.5 minutes at 3:00 | | B11 – 1.5 minutes at 3:00
Goal at 4:00 |
| | <ul style="list-style-type: none"> • At 3:00 teams play 3 on 4. • A6 is out of the game. • Team A must put a substitute player in the penalty bench to serve the 4 minutes time penalty for A6. • No player returns at 4:00 as the Minor penalties are coincidental. The only penalty making Team A shorthanded is the Major which must be served in full. | | |

Team A**Team B**

6. A6 - 1.5 + 4 minutes + GM at 4:00 Goal at 3:15
 A9 - 1.5 minutes at 4:00
- A6 is out of the game.
 - Team A must put a substitute player in the penalty bench to serve penalties for A6 .
 - A9 returns at 3:15 as the Minor to A9 is the first penalty being served.
7. A6 - 1.5 + 4 minutes + GM at 4:00
 A9 - 1.5 minutes at 6:10 Goal at 9:15
- A6 is out of the game.
 - Team A must put a substitute player in the penalty bench to serve penalties for A6.
 - Substitute player for A6 returns at 9:15 as his Minor is served before the Minor to A9.
8. A4 - 4 minutes + GM at 3:00
 A11 - 4 minutes + GM at 3:10
 A12 - 1.5 minutes at 4:00 Goal at 4:30
- A4 and A11 are out of the game.
 - Team A must put a substitute players in the penalty bench to serve the 4 minute time penalties for A4 and A11.
 - No player returns as the Minor to A12 is not being served at the time of goal.
9. A4 - 1.5 minutes at 10:00 B2 - 1.5 minutes at 11:00
 A5 - 1.5 minutes at 10:30 Goal at 11:40
 A9 - 1.5 minutes at 11:00
- At 11:00 the Minors to B2 and A9 cancel out.
 - Both A4 and A5 return on the goal at 11:40.

Team A

Team B

10.

A9 - 4 minutes + GM	at 3:00	B11 - 1.5 + 1.5 minutes	at 3:30
A6 - 1.5 minutes	at 3:30	Goal	at 4:30

 - Player A9 out of the play.
 - Team A must put a substitute player in the penalty bench to serve 4 minutes for A9.
 - At 3:30 teams play 3 on 3.
 - At 3:30 A6 Minor and one Minor to B11 cancel out.
 - Team B must put a player in the penalty bench to serve the extra Minor for B11.
 - B11 returns on the first stoppage after 6:30.
 - No player returns.

 11.

A6 - 4 minutes + GM	at 3:00	B11 - 4 minutes + GM	at 3:30
A9 - 1.5 minutes	at 3:30	Goal	at 8:00

 - A6 and B11 are out of the game.
 - Team A and Team B must put a substitute player in the penalty bench to serve the 4 minute penalties for A6 and B11.
 - At 3.30 teams play 3 on 3.
 - A9 Minor and B11 Majors do not cancel out.
 - A9 returns at 8:00.

 12.

A - 1.5 + 1.5 minutes	at 12:00	B3 - 1.5 minutes	at 12:00
A9 - 1.5 minutes	at 13:15	Goal	at 13:20

 - At 12:00 Team A must put a substitute in the penalty bench to serve one Minor for A as one Minor for A and Minor for B3 cancel out.
 - The substitute for A returns at 13:20 on goal by Team B.
 - A returns on first stoppage after 14:50.

 13.

A - 1.5 minutes	at 3:30	B11 - 1.5 minutes	at 3:30
Goal	at 4:00	B14 - 4 minutes + GM	at 3:30
		B19 - 1.5 minutes	at 3:30

 - B14 is out of the game.
 - Team B must put a substitute player in the penalty bench to serve the 4 minute time penalty for B14.
 - At 3:30 teams play 4 on 3 as A Minor cancels out Minor B11 or B19 (captain's choice)
 - With goal by Team A at 4:00 either B11 or B19 returns to the floor but play remains 4 on 3.

Team A

Team B

14. A6 - 4 minutes + GM at 3:00 B11 - 1.5 minutes at 3:30
 A9 - 1.5 minutes at 3:30 Goal at 4:00
- A6 is out of the game.
 - Team A must put a substitute player in the penalty bench to serve the 4 minutes time penalty for A6.
 - At 3:30 teams play 4 on 3.
 - A9 Minor and B11 Minor cancel out.
 - No player returns because substitute for A6 serves Major penalty.
 - A9 and B11 return at the first stoppage of the play after 5:00.
15. A2 - 1.5 + 1.5 minutes at 3:00
 A9 - 1.5 minutes at 4:00
- Goal at 4:30
Goal at 5:30
- At 4:30 first Minor to A2 is over and second is cancelled by the goal.
 - Teams remain 4 on 3.
 - At 5:30 the Minor to A9 is cancelled and teams play 4 on 4.

Examples of a goal being scored in a delayed penalty situation

Team A

Team B

1. A15 – 1.5 min at 3:00
 A23 – 1.5 + 1.5 min (S)
- (S) - signaled
- Goal at 4:15

Ruling: A15 returns. The signaled Double Minor penalty to A23 is assessed at 4:15.

2. A15 - 1.5 min at 3:00
- B12 - 1.5 min at 3:30
- A23 – 1.5 min (S)
- Goal at 4:10

Ruling: No player returns. The goal nullifies the signaled penalty to A23
Reason: Team A as not short-handed.

Team A

Team B

3. A15 – 1.5 min at 3:00

B12 – 1.5 min at 3:30

A23 – 1.5 min at 4:00

Goal at 4:10

Ruling: Nobody returns as the teams are playing 3 on 3 until the B12 penalty expires.

4. A15 – 4 min at 3:00

A23 – 1.5 min at 3:30

B12 – 1.5 min at 4:00

Goal at 4:30

Ruling: Nobody returns as the teams are playing 3 on 3.

5. A15 – 1.5 min at 3:00

A23 – 1.5 min at 3:15

B12 – 1.5 min at 3:00

Goal at 4:30

Ruling: A23 returns at 4:30.

6. A15 – 1.5 min at 3:00

A23 – 1.5 min at 4:00

B12 – 1.5 min at 3:30

B3 – 1.5 min (S)

Goal at 4:20

Ruling: Signalled penalty to B3 is not assessed. Neither team is shorthanded at the time the goal is scored.

7. A15 – 1.5 min at 3:00

A23 – 1.5 min at 4:00

B12 – 1.5 min at 3:30

A6 – 1.5 min (S)

Goal at 4:30

Ruling: A15 returns at 4:30 as their penalty has expired. The minor penalty to A6 is not assessed as neither team is shorthanded at the time the goal is scored.

Team A

Team B

8. A15 – 1.5 min at 3:00
A23 – 1.5 min at 4:00

B12 – 1.5 min at 3:30
Goal at 4:55

Ruling: A15 returns at 4:55 as their Minor penalty is completed.
Teams are at equal strength at the time of the goal. B12 may return at 5:00.

9. A15 – 1.5 min at 3:00
A23 – 1.5 min at 3:30

B12 – 1.5 min at 4:00
Goal at 4:30

Ruling: A15 returns as their penalty has finished. The teams remain 3 on 3.

10. A15 – 1.5 min at 3:30
A23 – 4 min at 4:00

B12 – 1.5 min at 3:00
Goal at 4:40

Ruling: A15 returns, the teams play 4 on 3 as the penalty to A23 is ongoing.

11. A15 – 4 min at 3:00
A23 – 1.5 min at 4:00

B12 – 4 min at 3:30
Goal at 4:30

Ruling: Nobody returns as neither team is shorthanded at the time of the goal.

12. A15 – 1.5 min at 3:00
A23 – 4 min at 3:30
A6 – 1.5 min (S)

B12 – 1.5 min at 3:00
Goal at 4:30

Ruling: The penalty to A6 is not assessed (unless it is a Major or Match penalty).
Team A is not short handed by reason of a Minor penalty so no player returns.

Examples of Goalkeeper Penalties

Team A

Team B

1. A1 (goalkeeper) 1.5 + 10 minutes at 3:00
 A1 (goalkeeper) 1.5 + 10 minutes at 3:30
 - At 3:00 Team A shall put two players who were on the floor in the penalty bench to serve the goalkeeper's penalties: One for 1.5 minutes and the second for 11.5 minutes.
 - At 3:30 Team A shall put another player who was on the floor in the penalty bench to serve the goalkeeper's second Minor penalty.
 - Due to the second Misconduct penalty A1 (goalkeeper) is assessed an automatic Game Misconduct penalty.
 - The player serving 1.5 + 10 minutes assessed at 3:00 can leave the penalty bench (the goalkeeper is out for the balance of the game).
 - At 3:30 Team A shall play 3 on 4.
 - The second Minor for the goalkeeper will start at 4:30 unless a goal is scored.
 - The player serving the first Minor penalty for the goalkeeper shall return at the first stoppage after 4:30.
 - A total of 33 minutes (1.5 + 10 + 1.5 + 20) shall be recorded against A1 (goalkeeper) on the Official Game Sheet.

2. A30 (goalkeeper) 1.5 minutes at 3:00
 A30 (goalkeeper) 1.5 minutes at 3:30
 - At 3:00 teams play 4 on 3.
 - Team A shall put a player who was on the floor in the penalty bench to serve the first Minor penalty.
 - At 3:30 the Team A shall put another player who was on the floor in the penalty bench to serve the second Minor penalty.
 - At 3:30 teams still play 4 on 3.
 - The player serving the first Minor penalty shall return at the first stoppage after 4:30 (if no goal is scored).
 - All penalties shall be recorded against A30 on the Official Game Sheet.

Team A

Team B

3. A30 (goalkeeper) 1.5 minutes at 3:00
A30 (goalkeeper) 10 minutes at 3:30
 - At 3:00 teams play 4 on 3.
 - Team A shall put a player who was on the floor in the penalty box to serve the Minor penalty.
 - At 3:30 Team A shall put another player who was on the floor in the penalty box to serve the Misconduct penalty.
 - At 3:30 teams play 4 on 3.
 - The second penalty (Misconduct) starts at 3.30.
 - The player serving the Minor penalty shall return on the floor at 4:30 (if no goal is scored).
 - The player serving the Misconduct penalty shall return to the floor at the first stoppage of play after 3.30 in the next period.
 - All penalties shall be recorded against the A30 on the Official Game Sheet.

4. A30 (goalkeeper) 10 minutes at 3:00
A30 (goalkeeper) 1.5 minutes at 3:30
 - At 3:00 teams play 4 on 4.
 - Team A shall put a player who was on the floor in the penalty box to serve the Misconduct penalty.
 - At 3:30 Team A shall put another player who was on the floor in the penalty box to serve the Minor penalty.
 - At 3:30 teams play 4 on 3.
 - The Minor penalty starts at 3:30.
 - The player serving the Minor penalty shall return on the floor at 5:00 (if no goal is scored).
 - The player serving the Misconduct penalty shall return to the floor after the first stoppage of play after 3.00 in the next period.
 - All penalties shall be recorded against A30 on the Official Game Sheet.

Examples of Coincidental Minor Penalties

	<u>Team A</u>	<u>Team B</u>
1.	A6 - 1.5 minutes at 3:00 • At 3:00 both teams play 4 on 4	B11 - 1.5 minutes at 3:00
2.	A6 - 1.5 + 1.5 minutes at 3:00 • At 3:00 teams play 4 on 3. A6 must stay in penalty bench until both penalties expire. • Team A must place a substitute for A6 in the penalty bench to serve one Minor. • One Minor to B11 and one Minor to A6 cancel out.	B11 - 1.5 minutes at 3:00
3.	A6 - 1.5 minutes at 3:00 A9 - 1.5 minutes at 3:30 • At 3:30 teams play 4 on 3 as Minors to A9 and B11 cancel out.	B11 - 1.5 minutes at 3:30
4.	A6 - 1.5 minutes at 3:00 A9 - 1.5 minutes at 3:30 A10 - 1.5 minutes at 3:30 • At 3:30 teams play 4 on 3 as penalty to B11 cancels one Minor to either A9 or A10 (captain's choice).	B11 - 1.5 minutes at 3:30
5.	A6 - 1.5 minutes at 3:00 A9 - 1.5 minutes at 3:15 • At 3:15 teams play 4 on 3 as Minors to A9 and B12 cancel out.	B12 - 1.5 + 10 minutes at 3:15
6.	A6 - 1.5 minutes at 3:00 A9 - 1.5 + 1.5 minutes at 4:00 • At 4:00 teams play 4 on 3 as double Minors to A9 and B12 cancel out.	B12 - 1.5 + 1.5 minutes at 4:00

Team A**Team B**

7. A6 - 1.5 minutes at 3:00
A9 - 1.5 minutes at 3:00
B11 - 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 as the one Minor to B11 cancels out a Minor to either A6 or A9 (captain's choice)
8. A6 - 1.5 minutes at 3:00
A9 - 1.5 minutes at 3:30
B11 - 1.5 + 1.5 minutes at 3:30
- At 3:30 teams play 3 on 3 as Minor to A9 cancels out one Minor to B11.
 - Team B must put a substitute in the penalty bench to serve one Minor for B11.
9. A6 - 1.5 + 10 minutes at 3:00
B11 - 1.5 + 10 minutes at 3:00
- Teams play 4 on 4.
 - Team A and Team B must each put a substitute in the penalty bench who will return to the floor at the first stoppage after 4:30
 - A6 and B11 return to the floor on the first stoppage of play after 4:30 of the next period (after serving 11.5 minutes each).
10. A6 - 1.5 minutes at 9:00
A9 - 1.5 minutes at 9:20
A10 - 1.5 minutes at 9:20
B4 - 1.5 minutes at 9:20
B5 - 1.5 minutes at 9:20
- At 9:20 teams play 4 on 3 as Minors to A9 and A10 and B4 and B5 all cancel out.
11. A6 - 1.5 + 1.5 minutes at 3:00
A9 - 1.5 + 1.5 minutes at 3:00
B11 - 1.5 + 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 for 3 minutes as the Double Minor to B11 cancels out a Double Minor to either A6 or A9 (captain's choice).
12. A6 - 1.5 minutes at 3:00
A9 - 1.5 + 1.5 minutes at 3:00
B11 - 1.5 + 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 as the double Minors to A9 and B11 cancel out.
13. A6 - 1.5 minutes at 3:00
A9 - 1.5 minutes at 3:00
A - 1.5 + 1.5 minutes at 3:00
B11 - 1.5 + 1.5 minutes at 3:00
B12 - 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 as the double Minors to A and B11 cancel out and the Minor to B12 cancels out the Minor to either A6 or A9 (captain's choice)
14. A6 - 1.5 minutes at 3:00
A9 - 1.5 + 1.5 minutes at 3:00
A10 - 1.5 + 1.5 minutes at 3:00
B11 - 1.5 + 1.5 + 1.5 minutes at 3:00
B12 - 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 as the Minors to B11 and B12 cancel out the Minors to A9 and A10.

Team A**Team B**

15. A6 - 1.5 minutes at 3:00 B11 - 1.5 + 1.5 minutes at 3:00
 A9 - 1.5 + 1.5 + 1.5 minutes at 3:00 B12 - 1.5 + 1.5 minutes at 3:00
 A7 - 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 as the Minors to B11 and B12 cancel out the Minors to A9 and either A6 or A7 (captain's choice)
16. A6 - 1.5 minutes at 3:00 B11 - 1.5 + 1.5 + 1.5 minutes at 3:00
 A9 - 1.5 + 1.5 minutes at 3:00 B12 - 1.5 + 1.5 minutes at 3:00
 A - 1.5 + 1.5 minutes at 3:00
- At 3:00 teams play 4 on 4 as all Minors for both teams cancel out.
17. A6 - 1.5 minutes at 3:00 B - 1.5 minutes at 3:00
 A3 - 1.5 + 1.5 minutes at 3:00 B9 - 1.5 minutes at 3:00
 A5 - 1.5 minutes at 3:00 B2 - 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3, as the three Minors to Team B cancel out A3's double Minor and Minor to either A6 or A5 (captain's choice)
18. A5 - 1.5 minutes at 3:00 B - 1.5 minutes at 3:00
 A6 - 1.5 + 1.5 minutes at 3:00 B9 - 1.5 minutes at 3:00
 A - 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 for 3 minutes as the Minors to A5 and A cancel out the Minors to B and B9.
19. A5 - 1.5 + 1.5 minutes at 3:00 B8 - 1.5 + 1.5 minutes at 3:00
 A6 - 1.5 minutes at 3:00 B9 - 1.5 + 1.5 minutes at 3:00
 A7 - 1.5 + 1.5 + 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 as the Minors to B8 and B9 cancel out the Minors to A6 and A7.
20. A6 - 1.5 minutes at 3:00 B11 - 1.5 + 1.5 minutes at 3:00
 A9 - 1.5 minutes at 3:00
- Teams play 4 on 4 as the double Minor to B11 cancels out the Minors to A6 and A9.
21. A6 - 1.5 minutes at 3:00 B - 1.5 minutes at 3:00
 A9 - 1.5 minutes at 3:00 B2 - 1.5 minutes at 3:00
- At 3:00 teams play 4 on 4 as all four Minors cancel out.
22. A6 - 1.5 + 1.5 minutes at 3:00 B - 1.5 + 1.5 minutes at 3:00
- At 3:00 teams play 4 on 4 as all four Minors cancel out.

Team A**Team B**

23. A6 - 1.5 + 10 minutes at 3:00
A9 - 1.5 + 1.5 minutes at 3:00
B11 - 1.5 minutes at 3:00
- Teams play 4 on 3.
 - A6 and B11 Minors cancel out.
 - Team A short-handed one player (A9) for 3 minutes.
 - A9 returns to the floor at 6:00.
 - A6 returns on the first stoppage of play after 4:30 in the next period and B11 returns on the first stoppage of play after 4:30 in the current period.
24. A6 – Penalty Shot at 3:00
A9 - 1.5 minutes at 3:00
B11 - 1.5 minutes at 3:00
- Teams play 4 on 4.
25. A15 – 1.5 minutes at 4:00
A1 – 1.5 minutes at 4:30
A2 – 1.5 + 1.5 minutes at 5:00
B10 – 1.5 minutes at 4:20
B21 – 1.5 minutes at 5:00
- At 4:20 teams play 3 on 3.
 - At 4:30 teams play 3 on 3.
 - At 5:00 teams play 3 on 3.
 - At 5:00 B21 Minor cancels out one A2 Minor.
 - Team A shall put substitute player for A2.
 - At 7:00 the Minor penalty for substitute A2 starts but A15 must remain on the penalty bench until first stoppage of play following expiration of his penalty and the teams are playing 3 on 4.
 - A2 leaves the penalty bench on the first stoppage after 10:00.
 - B21 leaves the penalty bench on the first stoppage after 7:20.
26. A6 – 1.5 minutes at 3:00
A7 – 1.5 minutes at 3:30
B9 – 1.5 minutes + GM at 3:30
- At 3:00 teams play 4 on 3.
 - At 3:30 teams play 4 on 3.
 - B9 shall go to the dressing room for the balance of the game.
 - Team B does not need to put a substitute player for B9 on the penalty bench as the penalty time of A7 and B9 are not on the clock (coincidental penalties).

Examples of Coincidental Major Penalties

- | | Team A | Team B |
|----|---|-----------------------------|
| 1. | A3 - 4 minutes + GM at 3:00 | B1 - 4 minutes + GM at 3:00 |
| | <ul style="list-style-type: none">At 3:00 teams play 4 on 4.Teams do not need to put substitute players in the penalty bench because A3 and B1 are out of the game and the penalties are coincidental. | |
| 2. | A1 (goalkeeper) - 4 minutes + GM at 3:00 | B1 – 4 minutes + GM at 3:00 |
| | <ul style="list-style-type: none">At 3:00 teams play 4 on 4.Teams do not need to put substitute players in the penalty bench because A1 and B1 are out of the game and the penalties are coincidental. | |

Examples of Combined Coincidental Minor and Major Penalties

- | | <u>Team A</u> | <u>Team B</u> |
|----|---|---|
| 1. | A6 - 1.5 minutes at 3:00
A9 - 4 minutes + GM at 3:30 | B14 - 4 minutes + GM at 3:30 |
| | <ul style="list-style-type: none">At 3:30 teams play 4 on 3 as the Majors plus GM to A9 and B14 cancel out.Teams do not need to put substitute players in the penalty bench because A9 and B14 are out of the game and the penalties are coincidental. | |
| 2. | A6 - 1.5 minutes at 3:00
A7 - 1.5 + 4 minutes + GM at 4:00 | B19 - 1.5 + 4 minutes + GM at 4:00 |
| | <ul style="list-style-type: none">At 4:00 teams play 4 on 3 as the Minor plus Major plus GM to both A7 and B19 cancel out.Teams do not need to put substitute players in the penalty bench because A7 and B19 are out of the game and the penalties are coincidental. | |
| 3. | A6 - 1.5 minutes at 3:00
A5 - 1.5 minutes at 4:00
A7 - 4 minutes + GM at 4:00 | B11 - 1.5 minutes at 4:00
B19 - 4 minutes + GM at 4:00 |
| | <ul style="list-style-type: none">At 4:00 teams play 4 on 3 as the Minors to A5 and B11 and the Majors plus GM to A and B19 all cancel out.Teams do not need to put substitute players in the penalty bench because A7 and B19 are out of the game and the penalties are coincidental. | |

Team A**Team B**

4. A3 - 1.5 + 1.5 minutes at 3:00 B2 - 1.5 + 4 minutes + GM at 3:00
- At 3:00 teams play 3 on 3 as one Minor on each team cancel out.
 - A substitute for A3 returns at 4:30 and a substitute for B2 returns at 7:00.
5. A3 - 1.5 + 1.5 minutes at 3:00 B8 - 1.5 + 4 minutes + GM at 3:00
A5 - 1.5 minutes at 3:00 B9 - 4 minutes + GM at 3:00
A6 - 4 minutes + GM at 3:00
- At 3:00 teams play 3 on 3 as the Major plus GM to A6 and Minor to A5 and all penalties to B8 cancel out.
 - A6, B8 and B9 are out of the game.
 - A substitute for B9 must serve the 4 minute time penalty.
 - Substitute for B9 returns to the floor at 7:00.
6. A8 - 1.5 minutes at 4:00 B4 - 4 minutes + GM at 5:00
A9 - 4 minutes + GM at 5:00 B3 - 1.5 minutes at 5:10
A8 - 1.5 minutes at 5:10 B5 - 1.5 minutes at 5:10
A4 - 1.5 minutes at 5:10
- At 5:00 teams play 4 on 3 as the Majors plus GM to A9 and B4 cancel out.
 - At 5:10 teams still play 4 on 3 as all four Minors cancel out.
 - Teams do not need to put substitute players in the penalty bench because A9 and B4 are out of the game and the penalties are coincidental.
7. A3 - 1.5 + 4 minutes + GM at 3:00 B2 - 1.5 + 4 minutes + GM at 3:00
- At 3:00 teams play 4 on 4 as all penalties cancel out.
 - Teams do not need to put substitute players in the penalty bench because A3 and B2 are out of the game and the penalties are coincidental.
8. A3 - 1.5 minutes at 3:00 B8 - 1.5 minutes at 3:00
A - 4 minutes + GM at 3:00 B9 - 4 minutes + GM at 3:00
- At 3:00 teams play 4 on 4 as all penalties cancel out.
 - Teams do not need to put substitute players in the penalty bench because A and B9 are out of the game and the penalties are coincidental.
9. A6 - 4 minutes + GM at 3:00 B11 - 1.5 minutes at 3:00
A9 - 1.5 minutes at 3:00
- At 3:00 teams play 4 on 3 as the Minors to A9 and B11 cancel out.
 - Team A must put a substitute in the penalty bench to serve the 4 minute penalty for A6 who is out of the game.

Examples of Combined Coincidental Major and Match Penalties

Team A

Team B

1. A6 - 4 minutes + GM at 3:00 B - Match penalty at 3:00
 - Teams play 4 on 4 and no substitutes are required in the penalty bench.
2. A6 - Match penalty at 3:00 B - Match penalty at 3:00
 - Teams play 4 on 4 and no substitutes are required in the penalty bench.

Examples of Delayed Penalties

Team A

Team B

1.

A6 - 1.5 + 1.5 +10 minutes	at 7:00 (period 1)
A6 - 1.5 minutes	at 10:00 (end of period 1)

 - The Minor assessed at the end of the period starts at the beginning of period 2 and Team A will play 3 on 4.
 - The Misconduct shall start at 1:30 (period 2) after the third Minor is completed.
 - A6 shall return to the floor on the first stoppage after 1:30 of period 3.
 - Team A would be required to place a substitute in the penalty bench to serve the Minor at the beginning of the period and he shall return to the floor at 1:30.
2. The following penalties are assessed to Team A during a stoppage of play:

A4 - 1.5 minutes
A5 - 1.5 minutes
A6 - 1.5 + 1.5 minutes
A7 - 4 minutes + GM
 - A7 is out of the game.
 - The substitute for A7 shall be the last penalty to be served.
 - The order that the other three players serve their penalties is the captain's choice even though one player has a Double Minor penalty.

Team A

Team B

3. A6 - 1.5 minutes at 3:00

B2 - 1.5 + 1.5 minutes at 3:00

B2 - 1.5 minutes at 3:30 (while in the penalty bench)

- At 3:00 teams play 4 on 3.
- Team B shall put substitute in the penalty bench to serve the extra Minor for B2.
- At 3:30 teams shall play 4 on 3 as the Minor to B2 (at 3:30 while he is in the penalty bench) is added to the time of the substitute.
- The Team B substitute shall serve 3 minutes total and could return to the floor at 6:00.
- If Team A scored no goals teams shall play 4 on 3 until 6:00.
- B2 shall serve the total time for all three of his penalties (4.5 minutes) and shall return on the first stoppage of play after 7:30.

4. A6 - 4 minutes + GM at 3:00

A7 (substitute for A6) - 1.5 minutes at 3:30 (while in the penalty bench)

A7 (substitute for A6) - 10 minutes at 4:00 (while in the penalty bench)

- A6 is out of the game.
- Team A shall put substitute (A7) in the penalty bench to serve the 4 minute penalty for A6.
- At 3:00 teams play 4 on 3.
- At 3:30 A7 is assessed an additional Minor penalty while in the penalty bench.
- Teams play 4 on 3.
- A7 Minor penalty shall start at 7:00 after the expiration of the 4 minute time penalty (delayed penalty).
- At 4:00 A7 is assessed a Misconduct penalty.
- Teams play 4 on 3.
- At 4:00 Team A shall put another substitute in the penalty bench to serve the Minor penalty for A7 which was assessed at 3:30.
- The A7 Misconduct penalty shall start at 8:30 (delayed penalty).
- If no further penalties are assessed to Team A and no goal is scored after expiration of the 4 minute penalty, at 8:30 teams will play 4 on 4.

REFEREE SIGNALS

BOARDING



Striking the closed fist of the hand into the open palm of the other hand.

BODY CHECKING



The palm of the non-whistle hand is brought across the chest and placed on the opposite shoulder.

BUTT-ENDING



Cross motion of the forearms, one moving under the other. Upper hand is open (whistle) lower hand is clenched (non-whistle).

CHARGING



Rotating clenched fists around one another in front of chest.

CHECKING FROM BEHIND



A forward motion from both arms with the palms open and facing away from the body, fully extended from the chest.

CROSS CHECKING



A forward motion of the arms with both fists clenched, extending from the chest.

DELAYED CALLING OF PENALTY

Extend the non-whistle hand above the head with a straight arm.



DELAYING THE GAME

The non-whistle hand, open palm, placed across the chest and extended from shoulder out from the body.



ELBOWING

Tapping the elbow once with the opposite hand.



GOAL SCORED

A single point with the non-whistle hand directly at the goal with a straight arm while blowing the whistle.



HAND PASS

The open palm of the non-whistle hand in a swinging motion.



HIGH STICKING

Holding both fists, one above the other, to the side of the head.



HOLDING



Clasping the wrist of the whistle hand in front of the chest.

HOLDING THE STICK



Two stage signal

involving the holding signal followed by a signal indicating you are holding onto a stick with two hands in a normal manner.

HOOKING



Tugging motion with both arms as if pulling something toward the stomach.

INTERFERENCE



Crossed arms stationary in front of the chest with clenched fists.

KNEEING



A single tap with the non-whistle hand to one knee.

MATCH PENALTY



Pat the flat of non-whistle hand on top of helmet.

MISCONDUCT



Both hands on hips at the same time. The same signal is used for a Game Misconduct.

OFF-SIDE



Extending the non-whistle arm to the side (hand open) in the direction of the puck.

PENALTY SHOT



Arms crossed above the head with clenched fists.

ROUGHING



One punching motion to the side with the arm extending from the shoulder.

SLASHING



One chop with the non-whistle hand across the opposite forearm.

SPEARING



Jabbing motion with both hands together thrust out from in front of the body.

TIMEOUT OR UNSPORTSMANLIKE CONDUCT



Using both hands to form a "T" in front of the chest.

TRIPPING



With non-whistle hand striking below the knee and following through once.

TOO MANY PLAYERS



Indicate with six fingers (one hand open) in front of chest.

WASHOUT



Both arms sweeping from chest straight out to the sides with straight arms and palms down.

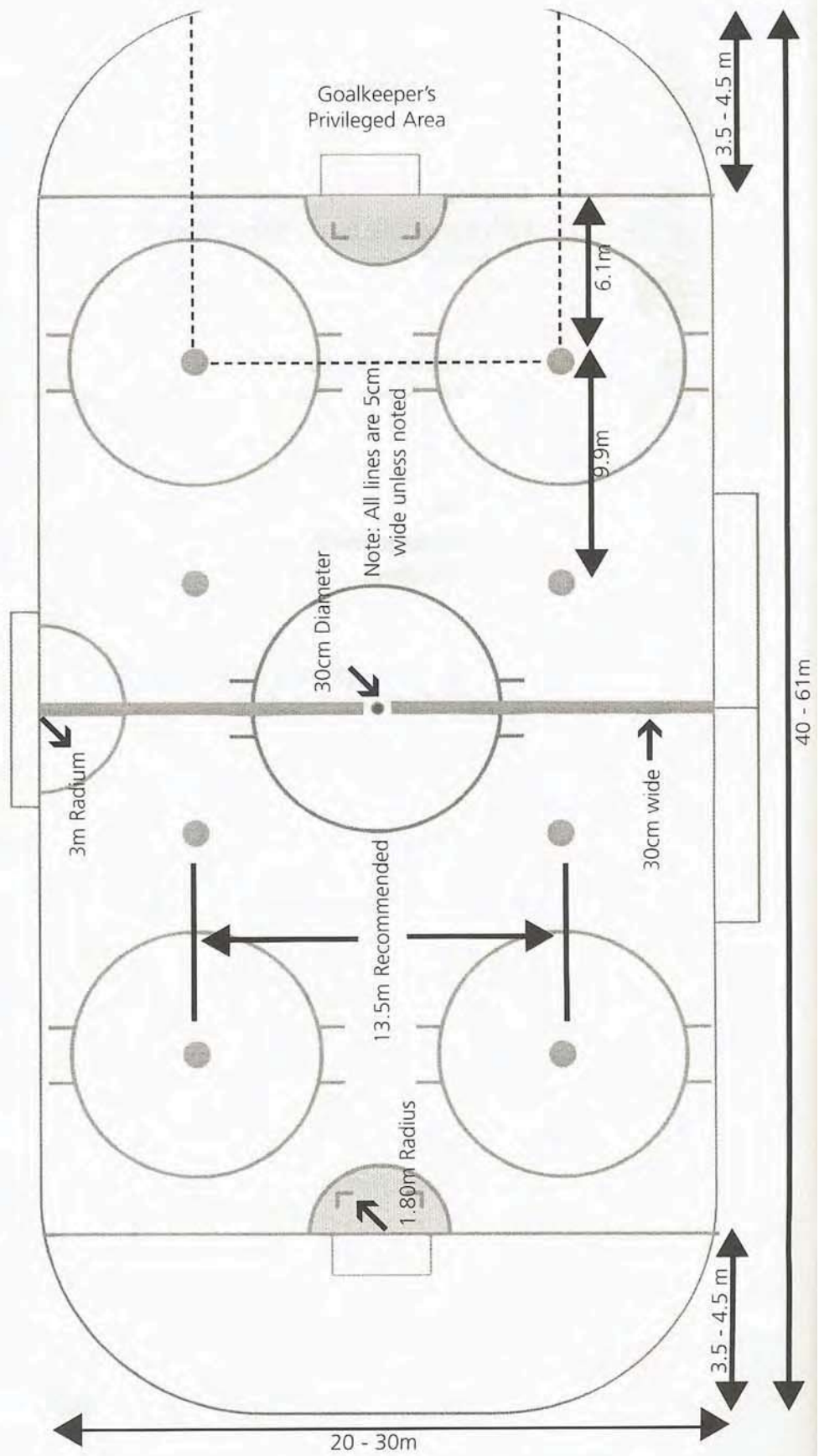
RINK
DIAGRAM
&
FACE-OFF
CIRCLES

INTERNATIONAL INLINE RINK DIAGRAM

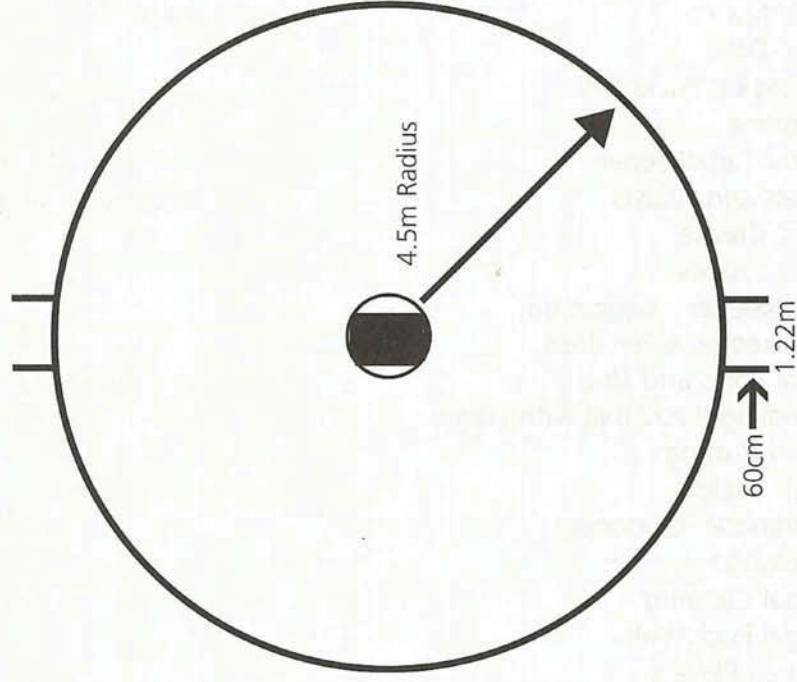
The diagram illustrates the layout of an international inline rink. The rink is rectangular with rounded ends, with a total length of 40 - 61m and a width of 20 - 30m. The layout includes:

- Goalkeeper's Privileged Area:** Located at each end of the rink, measuring 3.5 - 4.5m.
- Goal:** A rectangular goal is positioned at the center of each end line.
- Goal Line:** A line 30cm wide, located 13.5m Recommended from the goal.
- Center Line:** A line 30cm wide, located 9.9m from the goal line.
- Face-off Circles:** Two circles, each with a 30cm Diameter, located 6.1m from the center line.
- Penalty Area:** A semi-circular area with a 1.80m Radius, located 3m Radius from the goal line.
- Other Dimensions:** The distance from the goal line to the center line is 9.9m. The distance from the center line to the face-off circles is 6.1m. The distance from the face-off circles to the goal line is 3.5 - 4.5m.

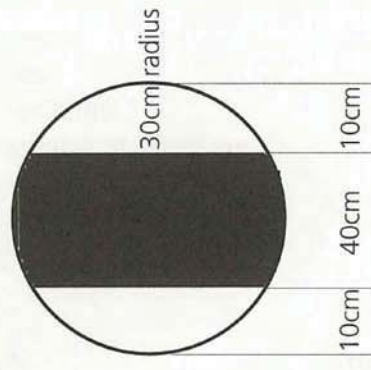
Note: All lines are 5cm wide unless noted.



END ZONE FACE-OFF CIRCLES



END ZONE SPECIAL FACE-OFF SPOTS



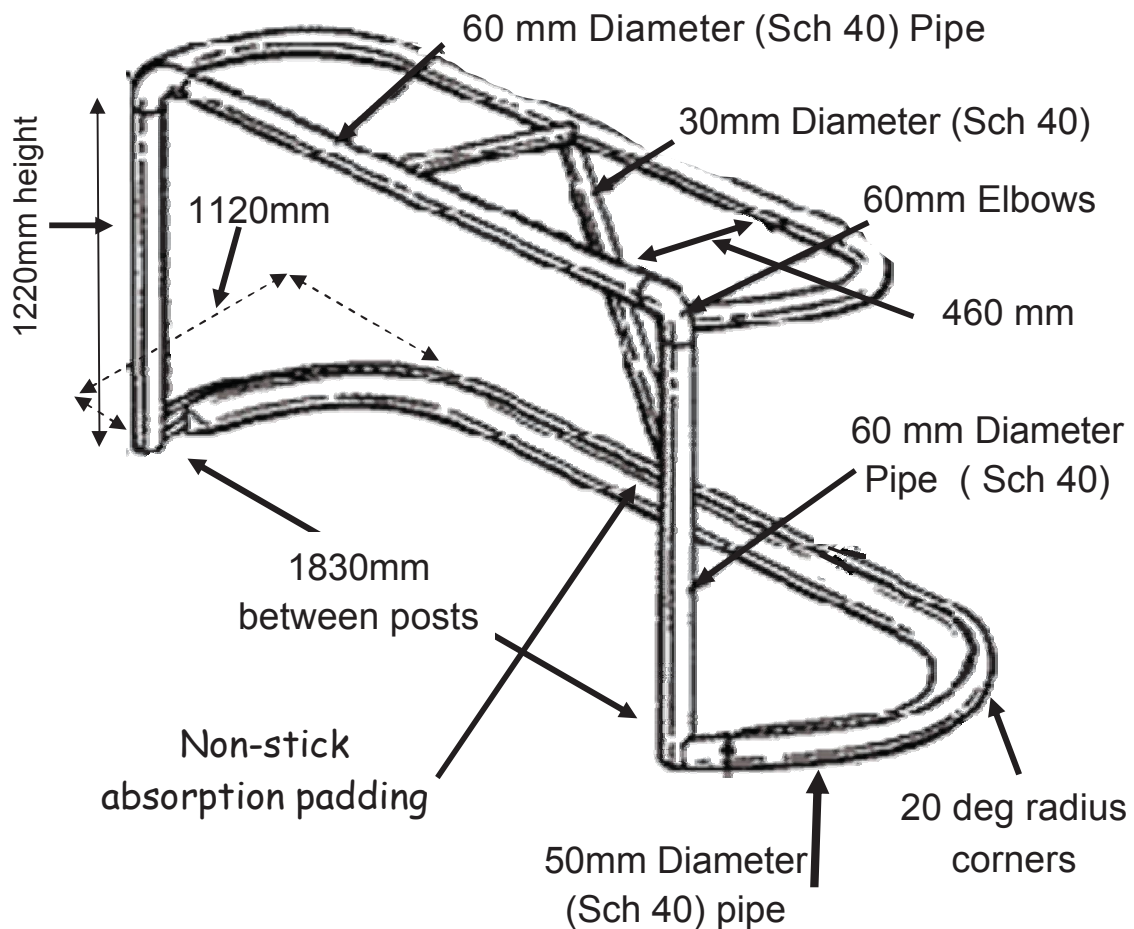
CENTER FACE-OFF SPOT



GOAL DIMENSIONS

INLINE HOCKEY GOAL DIMENSIONS

Goal posts and Crossbars to be painted RED, remaining pipe to be painted white.
WHITE Netting (min 3mm to 5mm thickness with mesh size of min 40mm to 60mm) to be fitted to pipe and sealed around all edges to prevent puck from escape.



Absolute Critical Measurements

- 1830 mm Inbetween posts
- 1220 mm From Rink surface to UNDERSIDE of Crossbar
- 1120 mm Depth from post to rink surface radius corner

In addition: non-stick absorption (dry-filled) padding can be placed on inner side of surface bar—MUST be leak-proof.

Padding recessed to allow puck to enter