

News and Current Events



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Thank you and Happy New Year!

We'd like to thank all who attended, volunteered and sponsored our 11th Annual Dinner & Dance in Chingford.

Everyone was entertained by numerous dance and musical acts. A special thank you must go to the **'Incredible' group**, composed of special needs children, who danced to the delight of attendees.

As always everyone was fed and watered with a starter and main meal. As ever our raffle prizes were of a high quality and our Sari auction was also well received and raised valuable funds for our many projects including our popular **'Breakfast for Kids' programme**.



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Yoga for young minds and bodies

We believe that Yoga can bring **strength, awareness and harmony in children**.

We will therefore be resuming our Yoga activities in the New Year by continuing to teach yoga and provide motivational classes to school children.

Our Yoga Instructor has undergone extensive, advanced training in India over the last six months and we're certain our pupils will benefit from this and thrive!

SUPPORT A CHILD
(educational materials/food)

From £5

Special needs children (inc autistic)

A very important project is our **regular support to special needs children** by providing speech therapy, educational materials. We also pay transport cost for them to come to school. Furthermore, we provide regular training for parents by professional tutors.

Main Highlights

- 25 cycles delivered to children in Nedunkery who used to walk 3km just to get to school
- Prize Giving and Exhibition showcasing talent from our Vocational Courses in Jaffna. Over 60 young women attended and prize winners received funds to help towards their chosen business.

“We make a living by what we get, but we make a life by what we give.”

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Would you like to help?

We're always looking for generous supporters.

Contact us now!

Supporting children with long term illnesses

We regularly support children in Hospitals in Jaffna with small amounts of cash and/or necessary educational equipment.

We believe that this provides happiness and assists with their education. Some of the children are catered for in our 'Care in the Community' programme and receive a monthly donation.



SUPPORT A ONE OFF SMALL BUSINESS PROJECT

From £250

Vocational Courses for Young Adults

We use our own vocational centers to teach young women employable skills.

The course runs for 6 months with just over 30 people in each group.

We teach various subjects - Tailoring, Cake Making, Icing, Beauty Therapy and many more. We are confident and hopeful that the students on these courses will **find a job or even start their own business.**



Water supply to pre-schools

Some pre-schools have no water facility. We have to provide water tanks, filters and supply pipes so the schools have ongoing water supply.

We also have an ongoing project to provide tube wells. We particularly dig out and construct tube wells in poverty stricken areas for both communal use and for pre-schools.

Not only are locals/pupils able to drink clean and safe water it also takes away the need to walk miles to collect water from central areas and thus saving a great deal of time.

Care in the Community

We help students who are struggling financially in higher education (A/L, & University) by providing them with our own individual 'bursaries'.

These are **provided by individual sponsors** to specific students on a monthly basis. We would like to thank all those who are already assisting. We have more students waiting for help, please get in contact if you're interested.

Supply of educational equipment including IT items

Some schools are lacking sufficient IT equipment to teach students. In this modern age IT skills are vital and without such equipment it would be impossible to become adequately knowledgeable.

Supporters work hard to raise the necessary monies to purchase the equipment.

We salute you all!

Breakfast for Pre School kids

One of our **ongoing projects** is to provide breakfast for kids in small pre-schools in underprivileged areas in the North of Sri Lanka.

Often, these children come to school without having breakfast and as we know - 'Breakfast is the most important meal of the day'.

Through this project, we have now expanded from 10 to just over 20 schools across three districts. We provide students with breakfast as well as salaries to some of the teachers. **Attendance has improved since the project began and the children look healthier.**

We still have a list of schools that require help.

The cost of breakfast to one child is just 15p per day.



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