

Very Super Kids

Newsletter for Kent Children in Care



Welcome to the

Summer Edition of our newsletter

In this issue, find out about what we have been up to over the Summer. We also want to tell you about the Kent Pledge, which is about what Kent promises to you as a child in care and tells you what you are entitled to.

We love to hear your ideas about what you would like us to include in this newsletter, what you like and what we could be doing better.

Hope you all had a lovely summer break and are settled back at school!

Email us:

VSK_Participation @kent.gov.uk

or send your pictures, news and info to: *Chloe-Elizabeth Mutton - Virtual School Kent Brook House , Reeves Way, Whitstable, KentCT5 3SS*

VSK PARTICIPATION TEAM



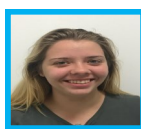
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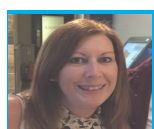
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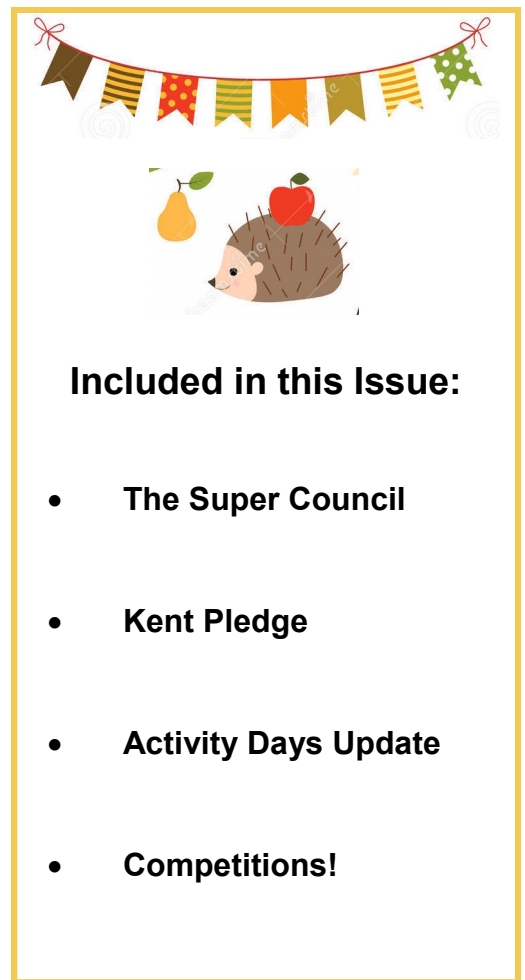
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Chelsea



Jo



Included in this Issue:

- The Super Council
- Kent Pledge
- Activity Days Update
- Competitions!



THE SUPER COUNCIL

The Super Council is for Children in Care aged 7-11. We meet every school holiday to have FUN and to meet other children in care. Members of the Super Council get to share their experiences about being a Kent Child in Care and also suggest ways to make things better.

We have a really great council group with fab members, but we would love it if more of you came along.



If you are part of the Super Council you also get free membership to Kent Children's University.

Kent Children's University offers lots of fun and exciting learning opportunities for you to take part in when you aren't at school.

There are lots of different places you can visit where you can get 'credits' added to a very special Children's University Passport you are given.

You also get 'Credits' for attending any Super Council meetings and VSK Activity Days, plus lots of other activities and competitions.

For more information visit:

<http://www.kentchildrensuniversity.co.uk/cukent/home/>



FOR FOSTER CARERS

We need your help your to encourage young people to join the Super Council. We want them to help shape the services they receive and also help other Children in Care who may be feeling like 'they are the only ones'

WANT TO GET INVOLVED?



Contact: Sophia Dunstan

Email: Sophia.Dunstan@kent.gov.uk

Telephone: 03000 0414214

GOOD WORK OF THE SUPER COUNCIL

went to theme park for
the first time - went on
Swam and battled
my fear of heights! :)

rode my bike up
a big hill. not getting
off and walking

I washed
up

GOING
UNDER BIG
BRIDGES!

improved loads with
my reading of school
I love reading Captain
underpants.

de lasagne
I hate the
texture! :)



Driving a Canal
boat. when I go
on holiday :)

When we met up with our Super Council members, we asked them about some of their recent achievements and things they were proud they had done.

We also asked for some feedback on our newsletters and their feedback/suggestions were:

- The newsletter was the right length for this age group
- Have a fun page with games, stories and jokes
- More competitions i.e. Design the Super Council Mascot
- Recipes page i.e. cakes
- Have a theme

Making friends
at school
and revolutions



THE SUPER COUNCIL



The Super Council and OCYPC members met up for an activity day at Kingwood Adventure Centre in Ashford. The members took part in different activities—they were all team work tasks, Outdoor Laser, 3G Swing and the Zip Wire. The 3G Swing was the hardest activity for most of the members, but they all had a go.

Many members had a smile on their faces afterwards, and were really happy they tried to have a go!

Everyone gave each other encouragement, which was really nice, and it helped those members that were not a big fan of heights. They even got the Apprentices to have a go—although some were a bit wimpy!

The purpose of this meeting was for the Super Council and OCYPC members to get to know each other and have a Team Building day. This was an icebreaker for the two Councils, as some of the Super Council members will be moving to OCYPC in the future. Overall it was a good day and everyone felt pleased that they achieved something; whether it was fear of heights, making new friends or even working together as a team.

Well done to all of you, we are proud of every one of you!



KENT PLEDGE

Have you received your copy of the Kent Pledge



The Kent Pledge is 6 promises that Kent County Council make to you as a child in the care of Kent. They are:

- To give you a sense of belonging
- Make sure you have an adult who is always there for you
- Make sure you have a good education
- Help you make good memories for the future
- Help you get ready for being an adult
- To support your interests and needs

We have made the 6 promises into a set of cards that are given to you by your Social Worker. They have been designed with the help of young people in care and are clear and easy to understand.

There are 2 versions, one pack for you if you are over 11 and another pack if you are under 11.

If you don't have a pack, just ask your Social Worker.



VSK ACTIVITY DAYS



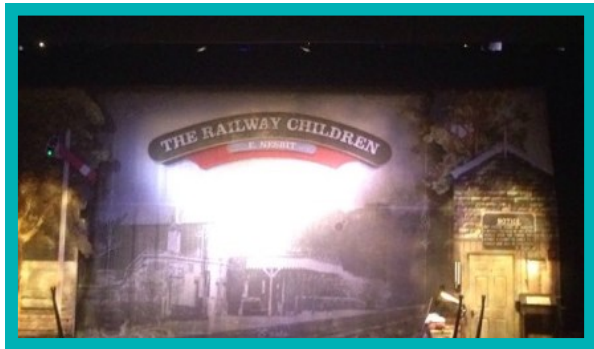
We have had a busy Summer full of lots of fun and laughs! We have been out and about around the county getting to meet lots of you, which has been really great.

We have been with you when you have tried lots of activities like Mountain Biking, Canoeing and Archery.



VSK ACTIVITY DAYS

We have been on a visit to Hever Castle, have had lots of arts and crafts fun and went to the Marlowe Theatre to see the Railway Children. We have been on steam train rides with you and had lots of fun even though it rained a lot of the time!



COUNTYWIDE CELEBRATION

The Countywide Children in Care Celebration was held on Monday 31st July 2017. The event was attended by our Children in Care Council Members and some who wanted to see what the Councils were about before joining. Members of the Corporate Parenting panel also attended the event as they wanted to meet the members.

- ◆ We did some group work around the reasons why some children don't come along to the Children In Care Councils.
- ◆ We had some nice food and cakes to eat!
- ◆ We had a mini sports day and took part in some silly races
- ◆ We all had a go on the inflatable assault course
- ◆ We also thanked all our members and celebrated the hard work they have done over the last year



COMPETITION RESULTS

We would like to say a massive thank you to all of our wonderful entries for the bookmark competition . They were really amazing, so we could not pick 1 winner!! We would like to say well done to you all!!

All winners will receive some vouchers!! Well done to:

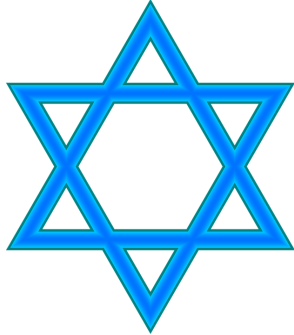
- Charlotte
- Grace
- Mollie
- Riley



OUR WINNERS!!!!



CHRISTMAS CARD COMPETITION



Each year we hold a Christmas card competition and this year is no different! You have until the deadline of **30th November 2017** to get your designs into us. Every year we receive mind blowing designs and have always struggled to choose a winner. So get your glitter at the ready, step up the game and grab that mistletoe as inspiration because we can't wait to see the results this year! Watch out for our Christmas Newsletter, where the winners will be announced and your design might even be featured inside!

Entry rules

- Must be no bigger than A4
- Must be Christmas themed
- Must be designed by YOU!
- Write your name and age on the back
- Must reach us by the deadline (30th Nov 2017) Send your entries to:

*Chloe-Elizabeth Mutton: VSK Brook House, Reeves Way, Whitstable, CT53SS
or Chelsea Goodwin: VSK Worrall House, 30 Kings Hill Avenue, West Malling,
ME19 4AE*