

THE PARTICIPATION TEAM

BOREDOM BUSTERS - GROW A RAINBOW!

Rainbows are a good way to help keep everyone positive and remind us that there are good times ahead! In the meantime, if you're feeling bored, why not grow your very own rainbow!



Things you will need:

1. Kitchen roll/paper towel
2. Felt tip pens
3. Two small bowls of water
4. Paper clip
5. Thread

How to:

1. Cut your kitchen roll into the shape of a rainbow.
2. Colour a rainbow with felt tips about 2cm up on both sides.
3. Attach your paper clip to the top and tie a piece of thread to it. This will give you something to hold your rainbow with.
4. Fill each small bowl with water.
5. Hold your rainbow with the ends slightly submerged in the water then watch your rainbow grow!
6. Leave to dry and display in your window.

Get in touch:

Why not let us know what you are doing during this lockdown? Send us pictures of any arts and crafts you have done – we'd love to see them!

Contact us by emailing VSK_Participation@kent.gov.uk