



BOREDOM BUSTERS

There has never been a better time to get organised and tidy!

Here are some helpful tips and creative ways you can get organised at home!



Create a D-I-Y Memory Box

If you have old photos, ticket stubs, cut outs from magazines, why not get them all organised inside a memory box. You can decorate with your own unique designs.

Label It!

Create colourful labels for the plugs in your extension lead. This way, you'll never pull out the wrong lead, losing work on your computer or not realise your phone hasn't been charging!

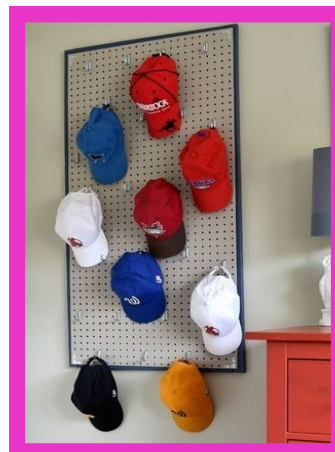
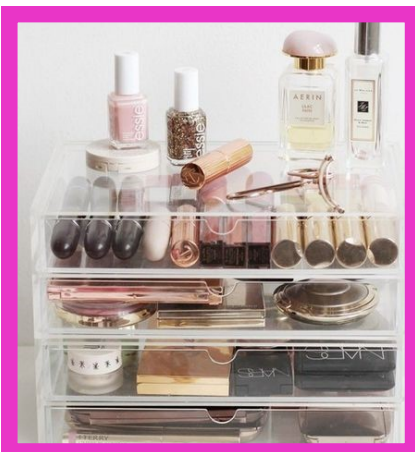




To Do Lists

Using an empty photo frame, put some decorative card or wrapping paper into it, then use whiteboard markers to create a do list, a wish list or activities you want to do!

Finding other ways to store your items will keep them more organised too! Being tidy and clutter free can also help improve your mental wellbeing!



Look out for ideas about staying active, cooking tips, and much more in the upcoming weeks!

Also, take a look at our Instagram page, [participation_team](#), for fun daily updates.



We love to hear from you too so why not contact us at VSK_Participation@kent.gov.uk or through the [Contact Us](#) pages on the Kent Cares Town website!

THE PARTICIPATION TEAM