

## THE PARTICIPATION TEAM

### BOREDOM BUSTERS

#### DIY HANDPRINTS!

Have you ever wanted to make your own DIY handprints? Well now you can! It's very quick and easy to do!



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#### Ingredients:

- 500g of plain flour
- 250g of salt
- 250ml of cold water

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#### Instructions:

1. Mix the flour and salt then add the water.
2. Mix into a dough.
3. Roll out onto a flat surface into the shape of your choice.
4. Place your hands onto it to leave the imprint of your hands.
5. Then place on a baking tray and bake in the oven on the lowest heat for 3 hours or until it becomes rock hard. **Make sure an adult helps you with the oven.**
6. Wait for your handprints to cool. Now have some fun with them; paint them or colour them in.