

FIT RX Recipe Card

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TACO LETTUCE WRAPS

INGREDIENTS

1 HEAD OF ROMAINE LETTUCE
SEASONED TACO MEAT OF
CHOICE
(SHRIMP, CHICKEN, GROUND
TURKEY OR BEEF)
TOMATOES - CHOPPED
CHEESE - SHREDDED
SALSA
SOUR CREAM OR GREEK YOGURT

PROCEDURE

1. Prepare taco meat as desired.
2. Wash lettuce and pat dry.
3. Place taco meat in whole Romaine leaves.
4. Add additional toppings, enjoy!