


  
**THE**
  
**BOTANIST**
  
 LYALL BAY

v = vegan, v\* = vegan on request  
 gf = gluten free or on request, check with server, not suitable for coeliac  
 gf\* = gluten free bread \$2 extra  
 af = onion & garlic free, af\* = on request  
 of = oil free, or on request,  
 nf = nut free, nf\* = on request, please inform

Please inform staff of any allergies or dietary requirements

We use local, organic, sustainable produce wherever possible

thebotanistlyallbay.co.nz

## SMALL PLATES

### Olives

Marinated Sicilian & Kalamata olives with sun-dried tomato (v, gf, af, nf) \$8

### Herb Salted Fries

Fries with vegan aioli (v, gf, nf) \$9

### Loaded Fries

Fries with gravy, facon bits, jalapeños & Angel Food feta (v, gf\*, nf) \$13

### Roast Vege & Hazelnut Pâté

With housemade fig brioche, plum gel, rambo radish & balsamic caviar (v) \$15

### Jalapeño Poppers

Stuffed with cashew ricotta, with kimchi aioli (v, gf) \$13

### Southern Fried Cauli

Battered cauliflower bites with ranch sauce (v, gf, nf) \$11

### Roasted Squash

Rosemary roasted squash, with crispy sage & coconut chipotle yoghurt (v, gf, af, nf) \$11

### Gado Gado Boats

Gado gado tofu with roasted red pepper, peanut crumble & avocado in baby gem lettuce (v, gf) \$13

### Bruschetta

Sautéed wild mushroom with raspberry & balsamic glaze, pine nut & herb crumb, on housemade walnut sourdough (v, gf\*, af) \$14

### Green Salad

Mixed greens, pickled red onion, puffed quinoa, sun-dried tomato & coconut yoghurt dressing (v, gf, nf) \$9

## BURGERS

### Royale with Cheese

Double seitan 'meat' patty, burger sauce, pickles, vegan cheese, lettuce & tomato, with fries (v, nf) \$22

### Sunfed 'Chicken'

Sunfed 'chicken' with cheddar, red cabbage & carrot slaw, semi-dried tomato, avocado, kimchi aioli & lettuce, with fries (v, gf\*, nf) \$22

### The BFC: Botanist Fried Cheese

Crumbed halloumi, smoky BBQ sauce, housemade facon, smoked cheddar, red cabbage & carrot slaw, with fries (nf) \$22

## SIDES

### Pan-fried Greens

Seasonal greens with house roasted peanuts (v, gf) \$8

### Crushed Baby Potatoes

With pan-fried capers (v, gf, nf) \$9

### Red Cabbage Slaw

Carrot & red cabbage slaw with coconut yoghurt (v, gf, nf) \$7

## LARGE PLATES

### The Botanist Platter

Sicilian & Kalamata olives, smoked brie or marinated vegan feta, spicy tempeh, peanut satay purée, chickpea popcorn, roast vege & hazelnut pâté, avocado mash, roasted squash with housemade walnut sourdough & fig brioche (v\*, gf\*, af\*, nf\*) \$38

### Halloumi & Cauli Steak

Crumbed halloumi, roasted cauliflower steak, crushed baby potatoes, crispy onions, capers & housemade gravy (nf) \$26

Swap halloumi for battered marinated feta (v, nf) \$26

### Tacos

Smoky BBQ jackfruit corn tacos with black bean, pineapple & chili salsa, avocado, pickled red cabbage, house dried roasted peanuts & micro coriander (v, gf, nf\*) \$22  
 add vegan cheddar \$4  
 add halloumi \$6

### 'Pork' Chopper

Marinated & roasted celeriac chop, with potato gratin, brussels sprouts, parsnip crisps & black apple butter (v, gf, nf) \$25

### Tempeh & Roast Vege Salad

Roasted winter veg, spicy tempeh, puffed quinoa, shredded kale, radish & marinated Angel Food feta, in coconut yoghurt miso dressing (v, gf, af, nf) \$23

### Blue Beet Risotto

Beetroot risotto, blue cheese, caramelised shallots, sautéed mushroom with golden beetroot & walnut & seed crumb (gf, nf\*) \$25

Swap blue cheese for vegan feta (v, gf, nf\*) \$25

### 'Fish' & Chips

Tempura battered banana blossom 'fish', chunky chips, pea & mint purée, with tartare sauce & charred lemon (v, gf, af\*, nf) \$25

## DESSERTS

### Apple Tarte Tartin

Poached, baked caramelised apple tarte tartin, with rhubarb purée & pear sorbetto (v, nf) \$13

### Fudge Brownie

With sea salt, pistachio ice cream, walnut pecan crumb & freeze dried raspberries (v) \$12

### Chocolate Pot

Kahlua cream pot, dark chocolate ganache, peanut cookie crumb & orange coconut ice cream (v, gf) \$13

### Cashew Milk Cheesecake

Ask your server for today's flavour (v, gf) \$12