

First-Pilgrim
United Church

"Where bodies and souls are fed."

10:00 Coffee (Central Room)
10:30 Worship (Sanctuary)
11:30 Fellowship (Pilgrim Hall)



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Sunday, July 7, 2019
PENTECOST 4

**** Please stand, in body or in spirit**

GATHERING

PRELUDE: Music for Trumpet and Organ
- Matt Root, trumpet

WELCOME

CALL TO WORSHIP:

Come, let us continue our journey with the Spirit.

For where the Spirit moves, we find love:

Love for God;

Love for others, all others;

And, amazingly, love for ourselves.

Come, and worship with hearts of joy and delight.

****HYMN:** "O Holy Spirit, by Whose Breath" (VU # 200)

OPENING PRAYER:

May we delight today in the gift of this community and the people

gathered here, old friends and new. May we delight in the gift of this day, and all that it brings. In our gathering, in our praying, in our singing and meditating, may the Spirit move us to love: Love one another and love ourselves, for we are gifts worthy of love, acceptance and delight. Amen.

W O R D

PRAYER FOR ILLUMINATION: (sung) “Holy Spirit, Truth Divine” (VU # 368), v. 1

**Holy Spirit, truth divine,
dawn upon this soul of mine.
Voice of God and inward light,
wake my Spirit, clear my sight.**

TEACHING TIME

HYMN: “Come, Children, Join to Sing” (VU # 345), v. 1, in part

**Come, children, join to sing: Hallelujah!
Praise to our Servant King: Hallelujah!**

FIRST READING: Proverbs 4:1-9 (p. 587 OT)

** RESPONSIVE READING: Psalm 30 (VU # 757)

Refrain: Though tears flow for a night, the morning brings new joy.

I will extol you, O God, for you have lifted me up;
you have not let my enemies triumph over me.

O God, my God, I cried to you for help,
and you restored my health.

**You brought me back from the dead;
you saved my life as I was going down to the Grave.**

Let all your servants sing praises to you,
and give thanks to your holy name.

**Your anger is but for a moment,
but your kindness is life eternal. R**

In my prosperity I said,

**“I shall never be shaken; your favour, O God,
has made me as firm as any strong mountain”.**

You turned your face away from me, and I was greatly dismayed.

I called to you; I made my appeal:

**“What profit is there in my death,
in my going down to the Grave?**

Will the dust give you praise?

Will it proclaim your faithfulness?

**Hear, O God, and be gracious to me;
O God, be my helper”. R**

You turned my mourning into dancing;

you stripped off my sackcloth and clothed me with joy,
so that my heart will sing your praise without ceasing.

O God, my God, I will give thanks to you forever. R

SECOND READING

Matthew 22:34-40

(p. 25 NT)

Hear what the Spirit is saying to her church.

Thanks be to God.

MUSICAL INTERLUDE:

“Andante” from Trumpet Concerto - F. J. Haydn
- Matt Root, trumpet

MESSAGE:

Spirit of Love: Loving Self

** HYMN:

“We Are Pilgrims”

(MV # 595)

R E S P O N S E

ANNOUNCEMENTS

OFFERING

Your gifts and offerings help in the work of the church.

There is no expectation that you must give or how much.

OFFERTORY: "Adagio in D Major" -A. Vivaldi

**DOXOLOGY: "We Give Thee But Thine Own" (VU # 543), v. 1

**We give thee but thine own,
what e'er the gift may be;
all that we have is thine alone,
a trust, O God, from thee.**

OFFERTORY PRAYER

PASTORAL PRAYERS

SUNG RESPONSE: "Send Your Holy Spirit" (VU # 370)

**Send your Holy Spirit on your gathered people,
merciful and loving God, hear us, as we pray.**

THE LORD'S PRAYER: (sung)

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil
for the kingdom, the power
and the glory are yours,
now and forever. Amen.**

GOING FORTH

** HYMN: "Forth in Your Name, O Christ" (VU # 416)

** WORDS OF BLESSING AND SENDING OUT:

Go - be kind to yourself.

Go knowing that you are worthy -
worthy to be here,
worthy to be loved.
Go, love yourself, for only then
will you be able to love another.

And the people said:

Amen. May it be so.

SUNG RESPONSE: "Praise God for This Holy Ground" (MV # 42), v. 5
Though praise ends, praise is begun
where God's will is gladly done.
Refrain: Hallelujah! Hallelujah! Hallelujah!
God's goodness is eternal.

POSTLUDE: Melody from "Orb and Sceptre" - Wm. Walton
- Matt Root, trumpet

FOR CONTEMPLATION AFTER TODAY'S SERVICE: Imagine those who love you most - parents, a spouse, friends, children, and God. Now imagine standing with them as they see and love you. In silence, and in God's presence, hold yourself in that kind of love.

Participating in Today's Service:

**Rev. Jane Wyllie, Chris Hunt and Matt Root,
Doug Kaiura, and all those who gather as a community of faith.**

Contact Information:

Check out our website www.firstpilgrimuc.ca

Like us on Facebook @firstpilgrimuc

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Council Co-Chairs:	Doug Kaiura and Heather McCluskey
Custodian:	Marty Donaldson