

Take-away menu March 2020



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toast (GFO-sourdough only)	7.0
local sourdough OR spiced fig + hazelnut loaf, c/o Dojo Braidwood and 3Mills Bakery Canberra w house jam, lime marmalade or any of the usual suspects	
bacon bun (GFO/VO)	12.0
streaky bacon, buttery fried farm egg, house relish, aioli, potato bun	
granola (VG)	11.0
organic maple + walnut granola, house roasted almond butter, fresh banana + berries, almond milk	
avo tahini (VGO/GFO)	14.0
avocado, toasted sourdough, lemony tahini dressing, roast almond dukkha	
hommous eggs (VGO/GFO)	16.0
our grilled flatbread, poached farm eggs, local autumn cherry tomatoes, roasted red pepper jam	
chicken salad (GF)	14.0
shredded chicken + cabbage salad, sweet mustard dressing, parmesan, green apple + lime	
grilled halloumi salad (VGO)	16.0
w nectarines, parmesan, walnuts + radicchio, and a raspberry pomegranate dressing	
autumn toasties	12.0
on local sourdough + shredded cabbage parmesan salad	
slow cooked chicken , aioli, salt cured dill pickle, local rocket	
smoked ham , roasted red pepper jam, aged cheddar, local parsley	
Yass jalapeno + cheese toastie - pickled jalapeno chillies, provolone cheese, local chives, wedge of lemon	

extras (all GF)	
Greendale Farm poached egg (Majors Creek)	3.0 each
black forest smokehouse streaky bacon	5.0
grilled haloumi	7.0
avocado w sweet mustard dressing	5.0
slow roasted tomatoes	5.0
our grilled flatbread	4.0
shoestring fries	6.0
aioli	2.0

cakes + sweet things – made in house by us and on display at the front counter

PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS

(GF= Gluten Free |VG= Vegan |GFO= Gluten free Option |VGO= Vegan Option |VO= Vegetarian Option)
PLEASE BE AWARE OUR KITCHEN CONTAINS DAIRY/WHEAT/GLUTEN/EGGS/SEEDS/ NUTS/ SOY AND MORE....WHILE WE WILL TAKE EVERY PRECAUTION WITH YOUR ALLERGY OR INTOLERANCE, WE CANNOT GUARANTEE THERE WILL BE NO TRACES OF THESE INGREDIENTS.

Over the next couple of days we will be stocking our fridge and freezer with curries, soups, stews and other take home options ready to go.

We will also be open 7 days a week from 730am (or even earlier)

Thanks for coming and for your support, it is much appreciated

Take care and hope to see you again sometime soon xxx

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COFFEE

Lonsdale St Roasters, Canberra

small coffee	4.0
large coffee	5.0
'happy happy soy boy' soy milk	+0.5
'milklab' almond milk	+0.5
'milklab' lactose-free milk	+0.5
extra shot mocha	+0.5
affogato	6.0

CHAI

organic golden latte sm 4.0 | lg 5.0

from our friends at Herbal Connection, spiced w turmeric, cinnamon, stevia leaf, cardamom + ginger

chai tea 4.0

whole spice chai tea

sticky chai 5.5

soaked w raw iron bark honey, single estate black tea, 7 spices + ginger
...handmade and blended w love. Infused with milk.

TEA 4.0

english breakfast | early grey | french earl grey | sencha green | lemongrass + ginger | mint | melbourne breakfast | irish breakfast

hot chocolate our special blend, made by us sm 4.0 | lg 5.0

iced coffee | iced chocolate 8.0

milkshakes chocolate | strawberry | caramel | vanilla | malt 8.0

soft drinks 5.0

bundaberg ginger beer | coke

Parker's Organic Juices 6.0

organic orange | apple | passionfruit orange + apple

Parker's Organic Lightly Sparkling Juices 6.0

pink lemonade | blood orange | real lemonade

Parker's Organic Kombucha and..... 6.5

carrot, turmeric + ginger

water

still mineral water 4.0

san pellegrino sparkling, 500ml 6.0

san pellegrino sparkling, 750ml 9.0