



<b>toast</b> (GFO-sourdough only)	<b>7.0</b>
grain sourdough <b>OR</b> spiced fig + hazelnut loaf, c/o Dojo Braidwood or 3Mills Bakery Canberra w house jam, lime marmalade or any of the usual suspects	
<b>farm eggs on toast</b> (GFO)	<b>13.0</b>
featuring real free-range eggs from the lovely Greendale Farm (Majors Creek), poached, scrambled or fried, on local sourdough	
<b>granola</b> (VGO)	<b>15.0</b>
organic maple + walnut granola, greek yoghurt, raspberry + rhubarb compote, almond milk	
<b>polenta bread french toast</b>	<b>18.0</b>
spiced poached pear, vanilla bean crème, brown sugar syrup	
<b>bacon bun</b> (GFO/VO)	<b>13.0</b>
streaky bacon, buttery fried farm egg, house relish, potato bun	
<b>smoked ham toastie</b>	<b>15.0   t-a 13.0</b>
smoked ham, gruyere cheese + salt cured cucumber pickle on grilled local sourdough, shredded cabbage salad	
<b>hommous eggs</b> (GFO/VGO)	<b>19.5</b>
buttery fried farm eggs, our chickpea hommous, grilled bread, roasted red pepper relish, pickles	
<b>avocado tahini</b> (GFO/VGO)	<b>17.0</b>
sourdough, avocado, lemony tahini, toasted almond dukkha, soft herbs	
<b>tomatoes + baked ricotta</b> (GFO)	<b>19.0</b>
slow roasted tomatoes, baked parmesan + ricotta, grilled sourdough, olive, parsley + caper salsa	

<b>duck salad</b> (GF/VO/VGO)	<b>23.0</b>
slow cooked duck, local peaches, walnuts, parmesan, radicchio and crushed raspberry dressing	
<b>broccoli + black rice</b> (GF/VGO)	<b>18.5</b>
roasted broccoli + edamame salad, black rice, toasted almonds, boiled farm egg, miso sesame dressing ( <i>swap egg for avocado for veg option-yummo!</i> )	
<b>shredded chicken salad</b> (GF/VO)	<b>18.0</b>
shredded chicken + cabbage, parmesan, green apple, lime and mint	
<b>beef bun</b> (GFO/VO)	<b>19.5</b>
slow roasted beef, mustard aioli, cheddar, red pepper jam, 3Mills potato bun and crisps	

**please check out our black board for today's specials**

<b>extras</b> (all GF)	
add egg	<b>3.0</b>
3Mills Bakery GF bread	<b>+ 2.5</b>
avocado + lemon	<b>5.0</b>
slow roasted tomatoes	<b>4.5</b>
black forest smokehouse streaky bacon	<b>5.0</b>
hommous	<b>6.0</b>
baked ricotta	<b>7.0</b>
shoestring fries	<b>side 5.0   bowl 9.0</b>
aioli or red pepper relish	<b>1.5</b>

**cakes + sweet things – made in house by us and on display at the front counter**

**PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENT**  
 (GF= Gluten Free | GFO= Gluten free Option | VGO= Vegan Option | VO= Vegetarian Option)



**COFFEE**

**Lonsdale St Roasters, Canberra**

small coffee	4.0
large coffee	5.0
bonsoy	+0.5
milklab almond milk	+1.0
extra shot   mocha	+0.5
affogato	6.0

**CHAI**

**organic golden latte** sm 4.0 | lg 5.0

from our friends at Herbal Connection, spiced w turmeric, cinnamon, stevia leaf, cardamom + ginger

**chai tea** 4.0

whole spice chai tea

**sticky chai** 5.5

soaked w raw iron bark honey, single estate black tea, 7 spices + ginger  
...handmade and blended w love. Infused with milk.

**TEA** 4.0

ceylon | early grey | french earl grey | sencha green | lemongrass + ginger |  
mint | melbourne breakfast | irish breakfast

**hot chocolate** our special blend, made by us sm 4.0 | lg 5.0

**iced coffee | iced chocolate** 8.0

**milkshakes** chocolate | strawberry | caramel | vanilla | malt 8.0

**soft drinks** 5.0

bundaberg ginger beer | coke

**Parker's Organic Juices** 6.0

blood orange | apple | passionfruit orange + apple | pineapple + mint

**Parker's Organic Sparkling Juices** 6.0

guava + cranberry | real lemonade

**Parker's Organic Kombucha and.....** 6.5

carrot, turmeric + ginger

**water**

still mineral water 4.0

san pellegrino sparkling, 500ml 6.0

san pellegrino sparkling, 750ml 8.0

**COCKTAILS**

virgin mary 8.0

bloody mary 13.0

negroni 15.0

G + T 12.0

**SPIRITS** 10.0

**WINE** gl 10.0 | btl 45.0

sangiovese | pinot grigio

**BEER** 8.0

balter xpa | coopers mid ale | coopers pale ale | peroni | corona | singha

cascade light 6.0

please note that alcohol is only available after 10am